



MTSU signature program

TENTATIVE PROGRAM ITINERARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					July 13 Depart BNA in morning, arrive Costa Rica early afternoon All-group orientation and welcome dinner	July 14 All-group excursion: walking tour of Heredia; coffee Plantation tour.
July 15 All-group excursion: San José	July 16 Classes 8:30-11:00	July 17 Class excursion 1 Classes 1:30-4:00	July 18 Classes 8:30-11:00	July 19 Class excursion 2 Classes 1:30-4:00	July 20 All-group excursion to La Paz Waterfalls.	July 21 Private bus to Tortuguero. Visit Tortuguero with options
	Group excursion: Mountain tour	Classes 1.30-4.00	Optional activity: Cooking class	Glasses 1.50-4.00		
July 22 Tortuguero and return to Heredia	July 23 Classes 8:30-11:00	July 24 Class excursion 3	July 25 Classes 8:30-10:30	July 26 Class excursion 4	July 27 Classes 8:30-11:00	July 28 Hanging Bridges jungle tour, La Fortuna waterfall. Bus to Punta Arenas in evening. Overnight in Punta Arenas.
	Optional activity: salsa class	Classes 1:30-4:00	Optional activity: Toucan Rescue	Classes 1:30-4:00	Private bus to Arenal, volcanic hot springs in evening. Overnight in Arenal.	
July 29 Catamaran to Tortuga Island. Back to Heredia in evening.	July 30 Classes 8:30-11:00	July 31 Return to U.S.				
	Optional activity: Heredia market Farewell dinner at and evening music.					

Nonrefundable deposit (\$500) due December 4. Space is limited. Sign up soon! www.mtsu.edu/abroad

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